

Dr. Janice Drover

Award of Excellence – Fellow Category

Awards of Excellence are meant to recognize the outstanding achievement conducted by chiropractic students, RCCSS(C) sports residents and RCCSS(C) Fellows.

These awards are open to members of the Royal College of Chiropractic Sports Sciences (Canada) [RCCSS(C)] who have recently conducted scholarly written requirements as part of their Canadian Chiropractic Sports Sciences Residency Program (SSRP).

Janice has an undergraduate degree in Human Kinetics from the University of Ottawa, as well as a Doctor of Chiropractic from the Canadian Memorial Chiropractic College (CMCC). In 2002 she completed a two-year postgraduate residency in sports chiropractic, and in 2003 she became a Fellow in the Royal College of Chiropractic Sports Sciences (Canada), which gave her the designation of Chiropractic Sports Specialist. In her practice Janice uses a variety of techniques including chiropractic adjusting, Active Release Technique, Graston Technique®, Kinesio Taping, athletic taping and bracing.



While at CMCC Janice was an assistant professor in the department of clinical Education, and she was also the official sports chiropractor for the York University Varsity program. Since then, Janice has been the chiropractor for numerous local, provincial and national sports teams. She was also a member of the host medical services team for the 2010 Vancouver Paralympic Games, the 2011 Halifax Canada Games and the 2015 Toronto Pan Am/Para Pan Am Games. She has been a member of the Core Health Services Team for Canada at the 2018 Gold Coast Commonwealth Games and the 2019 Lima Pan Am/Para Pan Am Games. Janice is also a sport chiropractor for Canada Soccer's Men's National team, the NL Growlers and former chiropractor of the St. John's Edge.

Janice has served on the Board of the Royal College of Chiropractic Sports Sciences (Canada) since 2010 in the roles of treasurer, president and currently past president. The [RCCSS\(C\)](#) is the national governing body for Sports Chiropractic in Canada responsible for the education and promotion of Sports Chiropractic on a local, provincial, national and international level.

Janice also gives lectures on sports injury management and prevention to different organizations. In the past this has included the Newfoundland and Labrador Tennis Association, the St. John's Sea Stars Synchronized Swimming Team, the Newfoundland and Labrador Soccer Association and Running Room clinics. She has also been a guest lecturer at Memorial University in the Sports Injury Management course in the faculty of Human Kinetics and Recreation.