



The Foundation for the Royal College of Chiropractic Sports Sciences (Canada)



President's Report – 2022 Calendar Year Foundation Board of Directors Annual General Meeting

It is an honour to present the 2022 President's Report. While the end of 2021 and beginning of 2022 saw tremendous change internally to the structure of our Board, March 2022 to the present has seen great change to our external face! An expression made by a member of one of our newest stakeholders seems to succinctly sum this past year's experiences by saying: "What exciting times!"

The year in review:

Through our affiliation with the RCCSS(C), and Dr. Scott Howitt's initial work as a liaison to the Canadian Chiropractic Research Foundation, we entered into a Memorandum of Understanding with the CCRF. This provided The FOUNDATION with access to additional knowledge and an extensive network of researchers/potential funding sources. The most exciting part was the First-ever, jointly funded, Sport-themed RFP!

- The total funds available were \$125,000
- This RFP has fared well compared to previous RFPs that the CCRF has overseen in terms of number of views/downloads for the RFP criteria, letters of intent submitted, quality of those submissions, as well as invitations for grant applications
- Final word on the successful applicants is expected this March, with a joint CCRF/FOUNDATION debrief to be conducted afterwards
- At present, the positive feedback received by The FOUNDATION and the CCRF have both parties looking at making this a bi-annual research call

Change continued for the Board, with our last Founding Member, Dr. David Gryfe, retiring in March, 2022.

- In honour of his many years of service to both The FOUNDATION, as well as to CMCC as a Past-Chair of their Board of Directors, The FOUNDATION Board voted unanimously to rename one of our Academic Achievement Scholarship Awards to the Dr. David Gryfe Academic Achievement Scholarship Award in perpetuity

Our Mission/Vision/Core Values were all updated and streamlined

OUR MISSION

To support and fund Sports Chiropractic Research within Canada, and the committed researchers who make it happen.

OUR VISION

Promoting and expanding the boundaries of Sports Chiropractic Research.

OUR CORE VALUES

Transparency - At All Times

Respect - Our Benefactors and Beneficiaries

Honesty - In All Endeavors

Commitment - To Sports Chiropractic Research

Many thanks to our ad-hoc committee members, composed of myself, Dr. Sue DeWolfe, and Mr. Bill Neilson for the initial groundwork, and The FOUNDATION Board for their contributions.

The Tempur-Sealy sleep study, headed by Dr. Alex Lee, was completed and a final presentation made to their senior management.

- The results of this were quite favourable, with Tempur-Sealy looking to continue working with The FOUNDATION through the creation of a Chiropractor Council for Sealy featured on their social media channels: promoting sleep awareness; proper alignment tips; and sleep tips
- Special thanks to Dr. Rocco Guerriero for his initial contact at Tempur-Sealy and his ongoing involvement in helping to keep this project moving forwards

Dr. Virginia Nsitem has finished transitioning our accounting records to Quicken.

- With this transition, our records are now more in line with generally accepted accounting practices/principles
- Special thanks to Dr. Nsitem for the dedication to taking on a new program and seeing the transition through to completion

Dr. Brian Seaman commissioned a new reviewing committee for our Research Awards who oversaw our most recent round of Awards.

- The Awards were announced virtually at the AGM for the RCCSS(C) in November 2022 as I was unfortunately unable to attend in person
- In total, there were 9 Awards presented, for a total of \$5,250

With the RCCSS(C) renewing their Fall in-person Sports Conference, a generous donation from Dr. Rocco Guerriero of a pair of tickets to the Toronto Maple Leafs as well as a pair of tickets to the Toronto Raptors, in combination with some excellent organization skills from Mr. Bill Neilson, Dr. Sue DeWolfe, with assistance from Dr. Antonio Petrolo, was able to conduct a very successful weekend raffle for the tickets for the Leafs

- With the addition of a pair of tickets for the Raptors, the final draw was extended to the end of November – generating over \$4,600 in donations to The FOUNDATION
- Given the success of this endeavor, Dr. Guerriero has generously offered to donate Leafs/Raptors tickets for the Fall 2023 RCCSS(C) Conference

Throughout the year, Dr. Melissa Hamilton, as secretary, has done an exemplary job of keeping the minutes up to date, and ensuring they are distributed in a timely manner.

To finish out the year, and continuing with the theme of ongoing change, Dr. Alex Lee, one of our profession's premiere sports researchers, was hit with the hard news that one of his mentors, Mrs. Wendy Porter, was soon to pass away.

- Dr. Lee, along with another research colleague, wanted to honour the memory of their mentor, and approached Mrs. Porter with the concept of their doing so through the creation of the Wendy Porter Memorial Research Grant
- Mrs. Porter and her family were very honoured. As a long-standing supporter of Sports Chiropractic, Mrs. Porter asked Dr. Lee if The FOUNDATION for the RCCSS(C) would be kind enough to oversee the Grant
- The FOUNDATION Board, recognizing providence, voted unanimously to do this. In so doing, it is anticipated that The FOUNDATION will get to host its own RFP in the very near future!
- Work to accomplish the preparation for the project is well underway, and as of this writing, should be ready to launch within the next few weeks

As we move forward, the future is looking bright! Both the Research Review Committee as well as the Fundraising Committee now have a pool of volunteers. The talent that we can tap into, spreading the workload, has grown significantly. This makes our tasks that much simpler. With the addition of the Wendy Porter Memorial Research Grant Committee, chaired by Dr. Alex Lee, we will soon realize a long-time goal of hosting our own RFP. This moves us further along in our Mission and Vision.

Another very busy and productive year! I would like to take a moment to thank each of you for your time and dedication to the Foundation, and its principal mission. An organization is only as strong as its members, and each of you are hard-working and dedicated – a President's dream team! Thank you.

Respectfully submitted,



Dr. Eric A. Helson,
President, Foundation for the Royal College of Chiropractic Sports Sciences (Canada)